

## **MENTAL HEALTH POLICIES AND PROTOCOLS**

### **Youth Ballet Summer Classes 2022**

As part of the Youth Ballet registration process, parents/guardians are required to provide health information about medical issues/concerns for their child.

Our faculty will be encouraged to review the mental health information and resources available at: <https://mentalhealth.uiowa.edu/ui-support-and-crisis-line>.

If during the course of our summer program a student is identified as potentially struggling with a mental health issue, the Director will meet with the student and if necessary, contact the student's parents to inform them of the situation and to seek guidance for a course of action. In the event of an emergency, the student will be taken to UIHC Emergency Department for assessment.

Students are encouraged to seek help if they experience mental health difficulties or if they observe a fellow student struggling with a possible mental health issue.

Youth Ballet staff who witness students exhibiting behaviors of concern will report the behavior in one of two ways.

1. Call the UI Police dispatch number at (319) 335-5022; or
2. Contact the university's Threat Assessment and Care Team at (319) 384-2955 or [uitat@uiowa.edu](mailto:uitat@uiowa.edu) or [hr.uiowa.edu/tat](http://hr.uiowa.edu/tat). To make an anonymous report go to [uiowa.me/threat-assessment](http://uiowa.me/threat-assessment).

Behaviors of concern may include:

- Unusual communication or threat to harm others
- Desperation, hopelessness, or suicidal thoughts
- Unusual fixation on stressful events or losses
- Inappropriate interest in weapons, mass attacks, or violence
- Suggestion of violence as a solution to a problem